|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **U-5** | **U-6** | **U-7** | **U-8** | **U-9** | **U-10** | **U11** | **U-12** | **U-13/14** | **U-15/16** | **U17/19** |
| **Time** | 4 x 8 min | 4 x 8 min | 4 x 10 min | 4 x 10 min | 2 x 25 min | 2 x 25 min | 2 x 30 | 2 x 30 min | 2 x 35 min | 2 x 40 min | 2 x 45 |
| **Break** | 2 min Qtr /  5 min half | 2 min Qtr /  5 min half | 2 min Qtr /  5 min half | 2 min Qtr /  5 min half | 5 min @ half | 5 min @ half | 5 min @ half | 5 min @ half | 10 min @ half | 10 min @ half | 10 min @ half |
| **Ball Size** | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 5 | 5 | 5 |
| **Format** | 4 v 4 | 4 v 4 | 4 v 4 | 4 v 4 | 7v7 | 7v7 | 9v9 | 9v9 | 11v11 | 11v11 | 11v11 |
| **Min. Required** | 3 | 3 | 3 | 3 | 5 | 5 | 7 | 7 | 7 | 7 | 7 |
| **Max. Roster** | 8 max | 8 max | 8 max | 8 max | 12 max | 12 max | 16 max | 16 max | 18 max | 22 max | 22max |
| **Substitution \*\*** | any stoppage | any stoppage | any stoppage | any stoppage | USSF | USSF | USSF | USSF | USSF | USSF | USSF |
| **Keeper** | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Punting** | NA | NA | NA | NA | No | No | Yes | Yes | Yes | Yes | Yes |
| **Offside** | No | No | No | No | Yes - After Buildout line | Yes - After Buildout line | Yes | Yes | Yes | Yes | Yes |
| **Slide Tackle** | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Free Kicks** | Indirect | Indirect | Indirect | Indirect | I / D | I / D | I/D | I / D | I / D | I / D | I/D |
| **Throw Ins** | Yes\* | Yes\* | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Headers** | No | No | No | No | No | No | No | No | Yes | Yes | Yes |
| **Build Out Line** | No | No | No | No | Yes | Yes | No | No | No | No | No |
| **Penalty Kick** | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Yds Away** | 4 Yds | 4 Yds | 6 Yds | 6 Yds | 8 Yds | 8 Yds | 8 Yds | 10 Yds | 10 Yds | 10 yds | 10yds |
| **Cautions** | Verbal | Verbal | Verbal | Verbal | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Scorecard** | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Player Cards**  **(paper / virtual)** | No | No | No | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Max Field Size Ranges\*\*\* (yds)** | Length 25-35  Width 15-25 | Length 25-35  Width 15-25 | Length 25-35  Width 15-25 | Length 55-65  Width 35-45 | Length 55-65  Width 35-45 | Length 70-80  Width 45-55 | Length 70-80  Width 45-55 | Length 70-80  Width 44-55 | Length 112 Width 75 | Length 112 Width 75 | Length 112 Width 80 |
| **Goal Size (Feet)\*\*\*** | 4 x 6 | 4x6 | 4x6 | 4x6 | 6.5 x 12 (R)  6.5x18.5 (M) | 6.5 x 12 (R)  6.5x18.5 (M) | 6.5 x 18.5 (R)  7 x 21 (M) | 6.5 x 18.5 (R)  7 x 21 (M) | 8 x 24 | 8 x 24 | 8 x 24 |

**\* Let second throw proceed even if done incorrectly**

**\*\* For U9 and above: Throw ins on own substitute and opponents throw in IF opponent subs first (piggybacking)**

**\*\*\*NTX recognizes most fields are furnished by various municipal parks, and are recommend field and goals sizes**